

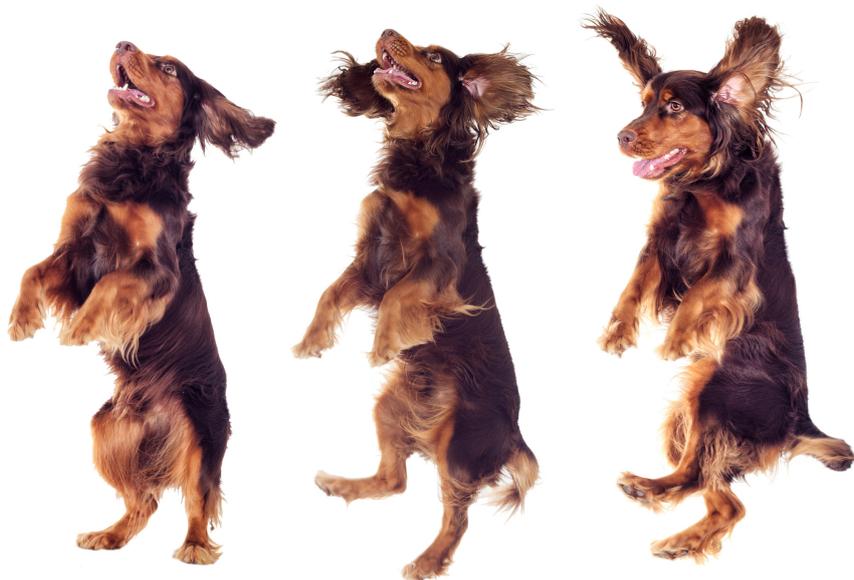
JUMPING UP



It's essential to begin rewarding before the approaching person is too close to your puppy, otherwise the puppy will jump before you have a chance to click and treat. Ask the visitor to kneel with your puppy and interact with her quietly. As the person kneels, you may discover, that it helps to continue clicking and treating until the puppy is calm, even with a person on the ground much closer to her. After you've practiced for a while, you will be able to watch for your puppy's body to tense up in anticipation of jumping. Be sure to click and treat before she launches herself into the air!

Most dogs respond to this training technique quickly. They are soon choosing to sit. Shortly after that, they begin to catch themselves just as they are about to jump. Keep pre-empting that jump with clicks and treats for four paws on the floor. Always place the treats on the floor. It's important that your puppy learn that all good things come from down low. With a little practice, you'll find that you must go out of your way to approach excitedly to create a situation that is likely to result in a jump. What a great problem to have! It's important that your puppy learn that all good things come from down low.

In training, keep making the task more difficult, little by little, by making the situation more and more exciting. Soon your puppy will have those paws on the floor all the time. If at any point your puppy manages to jump, simply turn away and ignore her, then start over, making it a little easier for her to succeed. Gradually build the level of excitement.



Happy Training!

JUMPING UP



Remember to reward your puppy for not jumping on you or other members of your family, too. Consistency is the key to your success. Be sure that every greeting is treated as a learning opportunity. Entering a room where a puppy is waiting, there is often a flurry of happy activity—as though your puppy has been alone for the past three days instead of only three minutes! Whenever you enter a space where your puppy is waiting for you excitedly, be ready to click and treat for those paws on the floor. If your puppy is behind a baby gate, click and treat paws on the floor until your puppy is calm enough for you to enter. Practice going in and out of the room, clicking and treating for paws on the floor repeatedly so that your puppy can practice offering you this good behaviour. If you reward her each time for staying down, your puppy will eventually choose not to jump at all.

The better you are at clicking and treating before a jump has occurred, the faster your puppy will learn.

Puppies that are crated will usually zoom out of the crate as if making a jail break. Jumping soon follows. Help her to exit calmly. Click and treat your puppy for sitting in the crate before you let her out. When you open the door, immediately click, and treat for all four paws on the floor. Do the same in any situation that is likely to cause your puppy to jump. The better you are at clicking and treating before a jump has occurred, the faster your puppy will learn.

There is one other exercise that you can do with your puppy that can help her stay calm enough to remain on the floor in an exciting situation. Practice moving around quickly so that your puppy is excited enough to jump on you. Just as she is about to jump, stop moving and click and treat before she jumps. Start out moving slowly, and gradually increase the level of excitement until you can run around the room with your puppy without her jumping on you when you stop. You now have a puppy that can go from 100 mph to 0 mph in one second flat!

By keeping her paws on the floor throughout all these exercises, your puppy will not only be rewarded with treats, but she'll get the attention she craves. Staying on the ground calmly will soon be her default position. With time and practice, the treats will no longer be necessary every single time your puppy (soon-to-be larger dog!) greets someone. In fact, staying on the floor will become her first choice. Give it a try. It's a win-win for everyone.

Happy Training!